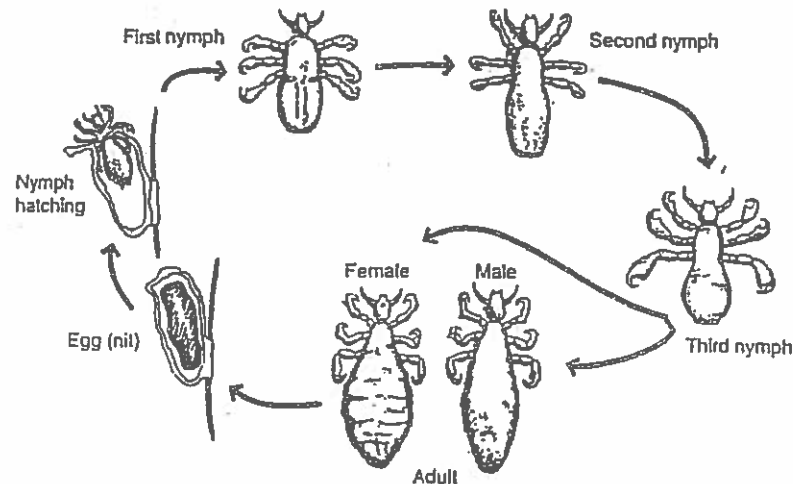


The Life Cycle of the Head Louse



A nymph is a baby uku that matures in 7-10 days. The adult female can lay 200-300 eggs in her lifetime.

Facts about Ukus:

Ukus **DO NOT** jump or fly. They crawl.

- Ukus affect everyone equally
- Having ukus in **NOT** a sign of poor hygiene
- Ukus may be present for at least 1 month before you may notice them
- Treatment is the **ONLY** way to get rid of ukus. This includes treating your home.
- Ukus are bothersome but they are **NOT** harmful and **DO NOT** spread disease
- They spread primarily through **DIRECT** head-to-head contact

Helpful Pointers:

- Check your Keiki's hair at least once a week and if ukus or nits are found, treat promptly. You can call your primary care provider for possible treatment solutions, some of which may be covered by insurance.
- The best prevention measures are to educate yourself and your keiki on how ukus spread and to treat as soon as they are found.
- Consider keeping your keiki's hair slicked back or tied up to help prevent infestation. Remember, checking your keiki's hair once a week at home will help keep ukus out of you home and our school community.
- Please see other treatment options on our web page at: www.keaaumiddle.org

Classroom and school-wide screenings is no longer being done as those efforts have not been shown to decrease the presence of ukus in schools.