

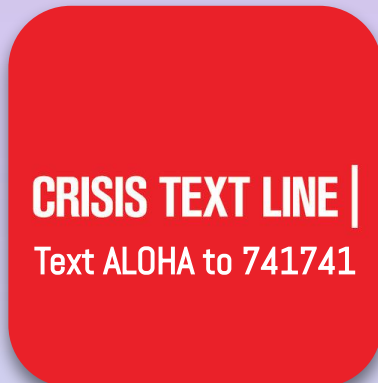


# Suicide PREVENTION

# AWARENESS & RESOURCES



1-800-273-8255  
24/7 support available



Text 741741  
24/7 support available



1-800-753-6879 or  
1-808-832-3100  
24/7 support available



1-800-985-5990  
24/7 support available



seizetheawkward.org



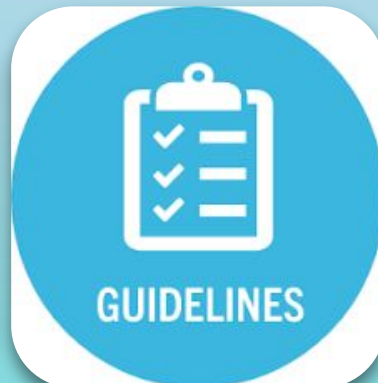
bethe1to.com



afsp.org/realconvo



1-866-488-7386  
24/7 support available



Safe Messaging  
Guidelines